

HEALTH AND WELL-BEING BOARD 30 SEPTEMBER 2015

UPDATE ON THE JOINT STRATEGIC NEEDS ASSESSMENT

Board Sponsor

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Relevance of Paper - Priorities

Older people and long term conditions
Mental health and well-being
Obesity
Alcohol

Relevance - Groups of Particular Interest

Children and young people
Communities and groups with poor health outcomes
People with learning disabilities

Item for Information and Assurance**Recommendation**

1. **The Health and Well-being Board is asked to:**
 - a) **Note the JSNA Intelligence Update;**
 - b) **Take into account the JSNA Intelligence Update in the commissioning plans for health and social care in Worcestershire; and**
 - c) **Notes the next phase of JSNA activity.**

Background

2. The Health and Well-being Board has a duty to produce a Joint Strategic Needs Assessments (JSNA) and a Joint Health and Well-being Strategy.
3. The JSNA is a continuous process, which produces intelligence and evidence to inform decisions about health and well-being and commissioning of services. The JSNA is publically available via the County Council website:
<http://www.worcestershire.gov.uk/cms/jsna.aspx>

JSNA Intelligence Update

4. Overall health in Worcestershire remains better than nationally. The average number of years a person born today in Worcestershire would expect to live in good health is better than the England average. However, this overall picture conceals some marked inequalities; for example, life expectancy is 7.4 years lower for men and 6.5 years lower for women in the most deprived areas of Worcestershire compared to the least deprived areas.
5. Despite the general prosperity in Worcestershire there are pockets of high deprivation. There are still about 15.7% (or around 18,000) children living in poverty. Just over 28,000 people (4.9% of the population) in Worcestershire live in a household with an income less than £17,016 per annum, which is less than 60% of the median household income for England (the official Government definition of poverty).
6. The percentage of children classified as overweight or obese at reception year (4 and 5 year olds) and at year 6 (10 and 11 year olds) in Worcestershire has increased; for reception year children the rate in Worcestershire is worse than the England average. This is a major concern as the long-term outcomes will be seriously compromised if these children continue to be overweight or obese into adulthood.
7. A review of performance against the existing health and well-being priorities in Worcestershire reveals that some good progress has been made overall in terms of improving health and well-being. However, many of the problems are long-term and change is slow. Inequalities in Worcestershire have narrowed slightly overall but inequalities for children persist.

Older people and long-term conditions

8. There have been mixed outcomes over the period of the current Joint Health and Well-being Strategy.
9. Key concerns include:
 - Unplanned hospital admissions for conditions that should be managed in the community are increasing;
 - There has been a significant decrease in the proportion of older service users who feel they have control over their daily life;
 - An increase in the number of hip fractures as a result of the increase in the number of older people (the age-standardised rate has not increased).

Mental health and well-being

10. Worcestershire has higher than average levels of the protective factors for good mental health and well-being. However, there is a higher prevalence of common mental disorders such as anxiety and depression.
11. Key concerns include:
 - The mental and physical health of carers;
 - That children and young people with potential mental health problems are not being effectively managed until they reach crisis point;

- A decrease in the proportion of adults in contact with mental health services who are in paid employment – although there has also been an increase in the number of people living independently; and
- An increase in the number of premature deaths in people with severe mental health problems.

Obesity

12. Obesity and its co-morbidities, particularly diabetes, are continuing to increase in Worcestershire.
13. Key concerns include:
 - Two thirds of adults population are overweight or obese;
 - One in four children aged 4-5 and one in three children aged 10-11 are overweight or obese.

Alcohol

14. Consuming higher than recommended amounts of alcohol can have serious short and long term health impacts, as well as increased danger of risk taking behaviours, particularly amongst young people.
15. Key concerns include:
 - There are an estimated 84,562 increasing risk drinkers and 23,379 higher risk drinkers in Worcestershire;
 - Months of life lost to liver disease is increasing for both genders in some districts;
 - Alcohol related hospital admissions (all ages) are significantly lower than the England average; however, in some areas hospital admissions for under 18s is higher than might be expected.
16. On the positive side there has been a reduction in alcohol related crime in Worcestershire.

The JSNA Working Group

17. A JSNA Working Group oversees production of JSNA materials and ensures that they are relevant and of a good standard. Current membership of the group includes representatives from the County Council, Healthwatch and the Clinical Commissioning Groups. The Group reports at intervals to the Board.

Materials available

18. The following documents are available on the website:
 - JSNA Annual Intelligence Update
 - DPH Annual Reports
 - Needs Assessments and briefings on specific topics
 - District profiles
 - Atlas of population and key health and care outcomes
 - Links to relevant external websites

19. Work in progress currently includes:
- Updates on the four HWB Board priority areas
 - A profile for each of the CCGs is awaiting publication.
 - Two District Health and Well-being Profiles are currently in production.
 - A Sexual Health needs assessment
 - A Domestic Abuse needs assessment
 - Early Help needs assessment
 - Self-harm briefing
 - Rural Health briefing
 - Teenage pregnancy briefing
 - Physically activity briefing
 - Road Safety briefing

Awareness raising

20. 12 'hands on' JSNA workshops were held in 2014/15 and 2015/16. There have been attendees from the County and District Councils, CCGs, NHS England, Healthwatch, University of Worcester and the voluntary and community sector.

Supporting Information

- JSNA Intelligence Update (Available on-line)

Contact Points

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